

# L.I.F.E. ACADEMY INTERNSHIP

Empowering The Next  
Generation Of Innovators



**Lifescore**  
Foundation



# Agenda

1. Introduction To Lifescore Foundation
2. Our Core Values
3. Meet Our Staff
4. What Is IYIP?
5. Overview Of Life Academy
6. Key Program Perks
7. Weekly Sessions Breakdown
8. What My Experience Will Look Like?
9. Key Takeaways
10. Community Involvement & Entrepreneurship
11. Q&A

2024

# Lifescore Foundation

2024

Non-For-Profit Organization Established In 2020



Lifescore Foundation is a BICOP organization committed to empowering communities through educational programs, youth empowerment initiatives, and community engagement.



We believe in the power of resilience to transform lives. At Lifescore, we empower individuals and communities to rise above challenges, reclaim their futures, and build stronger, more resilient communities.



**Mission:** To break cycles of systemic barriers by empowering underserved youth and families with holistic wellness, education, financial literacy, and social-emotional growth, fostering resilience and creating lasting transformation in communities.



**Vision:** To break cycles of systemic inequity by creating spaces of healing and growth, where individuals and families are empowered with the tools to thrive. We envision a future where underserved communities are equipped to dismantle barriers, build resilience, and transform their lives, ensuring sustainable change for generations to come.



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# Lifescore Foundation

## Core Values

- Inclusivity
- Violence Prevention
- Resilience
- Social-Emotional Education
- Holistic Wellness
- Innovation
- Integrity
- Interconnectedness
- Accountability
- Partnership

# Lifescore Team

## Beyonca Johnson

Executive Director/Founder

As the visionary behind Lifescore, Beyonca is driven by her passion to transform lives, creating opportunities that empower youth to break through barriers and build brighter future filled with purpose and leadership.

## Holly Medley

Program Director

Holly, as the Program Director is committed to empowering every young person with the skills, confidence, and opportunities they need to break barriers, lead with purpose, and create a future of limitless potential.

## Mary Reynolds-Clark

Life and Leadership Coach/Program Instructor

Mary, as a Life and Leadership Coach and Program Instructor at Lifescore, is dedicated to guiding and inspiring our youth to unlock their potential, equipping them with the tools to lead with confidence and achieve their personal and professional goals

## Kendra Cowart

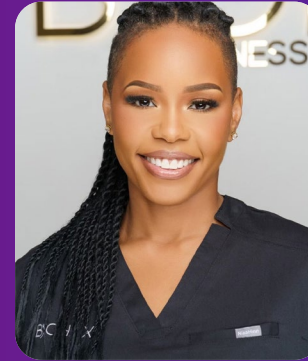
Chief Strategy and Operations Officer/ Youth Coordinator

Kendra, as the Chief Strategy and Operations Officer and Youth Coordinator for Lifescore, is dedicated to creating strategic pathways and operational excellence, ensuring that our youth have every opportunity to succeed while navigating their way toward leadership and achievement

## Robert Thornton

Logistics Manager/Youth Coordinator

Robert, as the Logistics Manager for Lifescore and Youth Coordinator for the workforce program, ensures that every detail is flawlessly executed, from planning to preparation, so our youth have the seamless support and resources they need to thrive and succeed in every step of their journey



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# Introduction to IYIP (Illinois Youth Investment Program)

## What is IYIP?

IYIP, or the International Youth Internship Program, is a structured, 7-week program designed to provide personal and professional development for youth ages 16-20.

- Duration: 7 weeks
- Sessions: 18 sessions, 3 per week.

## IYIP Includes:

- Focus Areas:
  - Career Exploration: Helping participants understand various career paths and set SMART goals.
  - Emotional Intelligence: Developing self-awareness and interpersonal skills.
  - Leadership: Building leadership qualities and teamwork skills.
  - Workplace Readiness: Preparing for the professional world with skills like resume writing, job searching, and interview techniques.



# What Is L.I.F.E. Academy?

2024

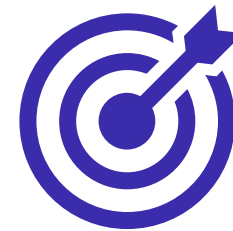
## LEADERS INVESTING IN FUTURE EMPOWERMENT



Life Academy is a transformative 7-week program designed to equip young people with the skills they need for life, career readiness, and leadership.



The program nurtures self-awareness, emotional intelligence, and entrepreneurial spirit while ensuring participants are prepared to make a meaningful impact in their communities.



By the end of the program, we aim to ensure participants are job-ready and provide them with job placement opportunities through our network of partners and professionals.

# L.I.F.E ACADEMY

## PROGRAM PERKS



**Hands-on Learning:** Real-world experience through activities like mock interviews, resume building, and business pitch projects.



**Mentorship:** Access to seasoned professionals for personalized guidance.



**Networking:** Opportunities to connect with community leaders, professionals, and peers.



**Career Exploration:** Discover paths in entrepreneurship, leadership, and professional spaces.



# Weekly Breakdown

## Week 1: Activation/Goal Orientation

Focus: Setting goals, building relationships, and personal assessments.

## Week 2: Energetic Self-Perception & Self-Awareness

Focus: Emotional intelligence and self-reflection.

## Week 3: Career Readiness

Focus: Career assessments and job preparation.

## Week 4: Communication

Focus: Mastering communication in diverse environments.

## Week 5: Building a Professional Profile & Brand

Focus: Resume building, LinkedIn, and professional branding.

## Week 6: Financial Literacy & Digital Literacy

Focus: Budgeting, saving, and digital entrepreneurship.

## Week 7: Capstone Project - Shark Tank Passion Proposal

Focus: Pitch a business idea with the chance to receive funding from Life Academy.

## What My Experience Will Look Like?

IYIP

In the IYIP program, I aim to secure a job by gaining essential skills and hands-on experience. I will explore career options, set SMART goals, and enhance my emotional intelligence, time management, and communication skills.

# Key Takeaways For Participants

## Professional Development:

Enhanced communication and job search skills.

## Personal Growth:

Improved emotional intelligence and conflict resolution.

## Networking Opportunities:

Strong professional network and access to job resources.

## Goal: Job Placement

Ready for short- or long-term opportunities with a polished resume and real-world experience.





# Community Involvement & Entrepreneurship

- **Impact:** Life Academy participants will engage with their communities, building solutions for real-world problems through their capstone projects.
- **Entrepreneurial Skills:** Foster innovative thinking and create solutions that benefit local communities.





# Questions?

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Welcome To IYIP Presented By Lifescore Foundation!